

# Aponia Dental

Compliments of Dr. Brandon Wong

## Greetings from your Neighbourhood Dentists!



**You Are Invited To:**  
**ORAL SCREENING DAY**  
**Saturday May 14th**  
**9:30 a.m. - 3:30 p.m.**

Dear Neighbour,

### Your smile may be hiding a deadly secret....

There is more to a regular dental exam than gum disease and cavities. This May at Aponia Dental we want to get the word out and invite all patients and people to come and find out more about **ORAL CANCER**.

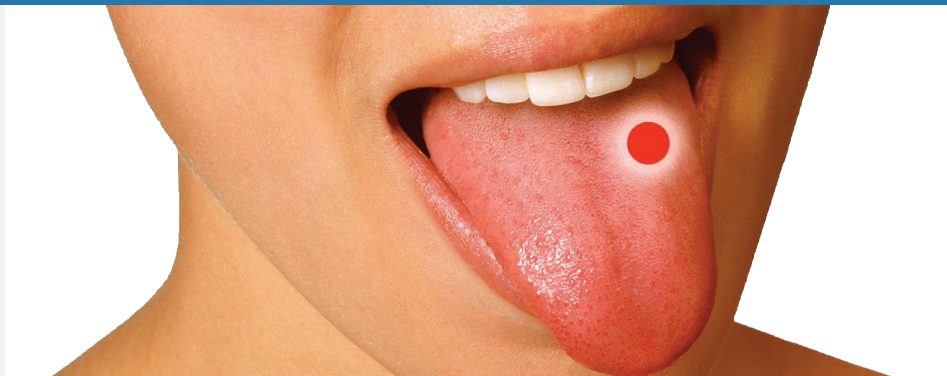
Scheduled appointments can be made for people who have specific concerns with sore spots or questions. Information will be available and VELScope®, a new intraoral camera, will be used to aid in early detection. This is a **TISSUE ISSUE**.

At Aponia Dental we think of Community and of friendships made. Please come by for Coffee and Doughnuts and let us fill you with some useful information.

If you are looking for a dentist, or you're an adult who can't remember the last time you saw the dentist, this would be a great time to come and meet the team.

See you soon,

*Dr. Brandon Wong & Team*



## SHINING THE LIGHT ON ORAL CANCER

Each year, approximately 33,000 new cases of oral cancer are diagnosed and over 8,000 deaths from oral cancer are recorded in North America. While we do check your mouth for signs of oral cancer every time you come in for a checkup, it is important that you recognize the early warning signs of oral cancer between dental visits too. Why not take a few minutes right now to examine your lips, gums, cheek lining and tongue?

### What to look for:

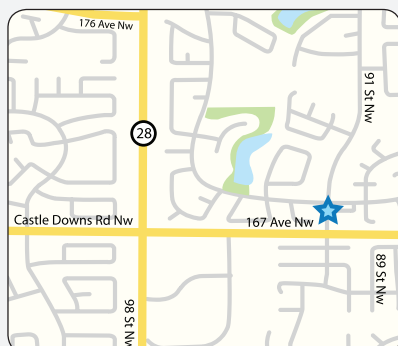
- Any sores that bleed easily or do not heal.
- White or red spots in the mouth.
- A lump, thickening, rough spot, crust or small eroded area anywhere in or around your mouth, including your lips.
- Numbness or pain in the face, mouth or neck.
- A feeling that something is caught in your throat.
- Difficulty chewing, swallowing, speaking or moving the jaw or tongue.

**Remember, April is Oral Cancer Awareness Month! Early diagnosis is critical, so if you have any doubts about suspicious spots or sores, please make sure that you call us for an appointment so we can examine you more closely.**

APRIL 2011

Dr. Brandon Wong

Phone: 780-944-1999



**16751 91st NW, Edmonton, AB T5Z 2X4**  
**(Located behind the Mac's and Esso in the Lakeview complex.)**

## APONIA FAMILY DENTAL

**16751 91st NW**  
**Edmonton, AB T5Z 2X4**

**Phone:** 780-944-1999  
**Fax:** 780-473-4856  
**Web:** [www.aponiadental.ca](http://www.aponiadental.ca)

**Office Hours:**  
Mon.: 9 a.m. - 5 p.m.  
Tues., Thurs.: 7 a.m. - 5 p.m.  
Wed.: 7 a.m. - 4 p.m.  
Fri.: 9 a.m. - 2 p.m.  
2 Sat. a month: 8 a.m. - 3:30 p.m.

### Our Services Include:

- General Dentistry
- Tooth Removals
- White Fillings
- Crowns • Bridges
- Braces • Invisalign®
- Implants
- **Now Offering Nitrous Sedation!**

**New Patients Welcome!**  
**Emergency Treatment Available!**



# Smile Reflections

The role of an attractive smile in the overall appearance of an individual is significant. Regardless of what a person is wearing, or how makeup is applied, the quality of a smile is what makes — or breaks — first, and ongoing, impressions.

The ideal smile starts with strong teeth and healthy gums. Most people will first notice tooth colour, how straight the teeth are, and the alignment of the top and bottom teeth. Observers may also notice a filling or crown that does not blend with the natural tooth structure. In addition, the health and position of the gum surrounding each tooth can add to or distract from the attractiveness of a smile.

We can address, and correct, any smile distractions right here in our office.

Whether you want to repair a minor imperfection in your smile or you need a full mouth reconstruction, it's important to be familiar with all your options, and the latest dental techniques available today. Sometimes the smile of your dreams can be achieved with something simple like teeth whitening, dental veneers or tooth or gum contouring — all easy and effective options, which can be taken care of right here in our office.

Please take a minute to call us now, to reserve a convenient time to come in for a dental consultation. We look forward to helping you realize your ultimate smile!

## GREAT GUMS!

Today's society promotes straight, white smiles as the ideal goal for both men and women aiming for a more attractive appearance. As dentists, we know that while beautiful teeth are an integral part of an ideal smile, gums deserve just as much, if not more, attention.



Beautiful teeth can only sustain themselves if healthy gums support them. Healthy gums help retain teeth in their sockets, in addition to helping to cosmetically frame the teeth, providing attractive aesthetic contours.

Most people appreciate the importance of brushing their teeth at least twice a day, but to properly clean your teeth and encourage great gum health, dentists recommend you

also floss daily. Flossing removes bacterial plaque — the stuff that causes tooth decay and gum disease — by getting in-between your teeth, where your toothbrush can't reach.

Please ask us for a refresher on proper flossing techniques, or for other options available to people who may find flossing difficult due to dexterity issues or compromised medical states.

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Phone: 780-944-1999

## APONIA FAMILY DENTAL IS PROUD TO OFFER:

**Complimentary  
Orthodontic  
Assessment - Are you  
an Aponia Candidate?  
Simply call for your  
appointment today.**



### TEETH WHITENING!



**Professional  
Strength Crest  
Whitestrips®**



Not to be combined with any other discount offer or insurance plan. Minimum fee only. Fees may vary with complexity of case. ADDITIONAL CHARGES MAY BE INCURRED FOR RELATED SERVICES THAT MAY BE REQUIRED IN INDIVIDUAL CASES.