



Aponia Dental

Greetings from your Neighbourhood Dentists!



Dear Community,

Wow, where has the time gone? We just hosted our 3rd tooth fairy day this past August and we are going to be celebrating 5 years of re-defining Aponia Dental by the end of the year.

I want to personally thank my team, who has helped me re-work the Aponia Dental experience over the past 5 years. We have been privileged to have Drs. Dhillon, Wong and Chong join our team to transform the clinical experience for our patients.

Furthermore, I have been honored to have my hygienists, Tessa, Lutfaya and Susan, who have elevated the level of oral health care delivery at our facility. In fact many Aponia Dental patients rarely have gingivitis on the annual visits and our hygiene compliance has risen. Great Patients and a Great Team proves to deliver Genuine Care.

If you have not experience Aponia Dental, I invite you to come. Don't be shy and see what Aponia Dental is all about. A healthy smile is a healthier you.

Sincerely,

Dr. Brandon Wong & Team

USE 'EM OR LOSE 'EM!

If you're fortunate enough to have an insurance plan that covers dental care for you, and perhaps your family too, you'll want to make sure you take advantage of the benefits you're entitled to, before the end of this year.

Many insurance companies structure their benefit plans on a yearly basis, which means if you don't use your benefits before December 31, you'll lose them for the year. That's why it's a good idea to have a look at your dental insurance benefit summary occasionally, to refresh your memory on what benefits are covered for you. We accept a number of different insurance plans at our office, so chances are good that we're familiar with yours.

If you're having trouble deciphering exactly what your dental insurance plan does or does not cover, please don't hesitate to ask us. The plan explanations can sometimes be confusing, but we may be able to help clarify them for you.

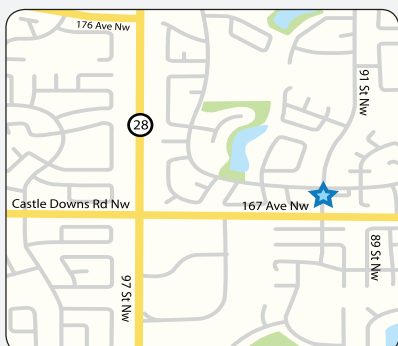
Unlike many other medical situations, where you only make an appointment when you have to address a painful or specific condition, going to the dentist on a regular basis should be a preventive habit rather than a reactive need. A regular dental examination includes a visual and manual check of your throat, neck, and entire mouth - lips, teeth, gums, tongue and all surrounding tissues - as we look for any signs of decay and disease.

Preventive care is always less invasive, more comfortable and more cost-effective than fixing an existing dental problem that has been ignored.

If you have insurance benefits that are going to help you maintain and improve your oral health, why not take advantage of them? Periodontal and dental health are linked to overall well-being, so it makes sense to ensure that your teeth, gums and mouth are professionally checked on a regular basis.



OCTOBER 2012



16751 91 St. NW, Edmonton, AB T5Z 2X4
(Located behind the Mac's and Esso in the Lakeview complex)

APONIA FAMILY DENTAL

16751 91 St. NW
Edmonton, AB T5Z 2X4

Phone: 780-944-1999
Fax: 780-473-4856
Web: www.aponiodental.ca

Office Hours:
Mon., Thurs.: 7 a.m. - 5 p.m.
Tues.: 7 a.m. - 4 p.m.
Wed.: 7 a.m. - 3 p.m.
Fri.: 8 a.m. - 2 p.m.

Want to Join our Team? Apply online at www.AponiaDental.ca!

Our Services Include:

- General Dentistry
- Tooth Removals
- White Fillings
- Crowns • Bridges
- Braces • Invisalign®
- Implants
- **Now Offering Nitrous Sedation!**

**New Patients Welcome!
Emergency Treatment Available!**



Brace Yourself, The Earlier the Better!

In the past, braces to correct a child's smile were not considered while the child still had baby teeth. Today, general dentists, orthodontists and parents are realizing that early orthodontic treatment can be extremely effective, especially as the child's head and mouth are still growing.

While only a few orthodontic problems need to be corrected at a very early age, examining teeth at this early stage allows us to offer advice and guidance as to what future treatment should be.

Early braces — phase I braces — are done with purpose of guiding the permanent teeth into the correct occlusion, to expand narrow jaws, to control bad habits, and to straighten front teeth at an early stage. Phase I helps decrease the complications that can arise in phase II. It also decreases the need for orthodontic surgery and can even sometimes eliminate the need for phase II orthodontic treatment.

It is recommended to have an orthodontic evaluation for children as early as 7-8 years old. If it is determined that orthodontic treatment is necessary, we first gather pretreatment information including a clinical examination, a complete medical and dental history, models of the teeth, photographs of the patient's face and teeth and X-rays of the mouth and head.

After the evaluation results are analyzed, the appropriate course of action can begin. Appliances are placed on the teeth and adjusted periodically so that teeth are moved correctly and efficiently. Braces can be fun and fashionable these days!

Early treatment of orthodontic problems may help avoid tooth decay, gum disease, destruction of the bone that holds teeth in place, and chewing and digestive difficulties. Untreated orthodontic problems can cause abnormal wear of tooth surfaces, inefficient chewing function, excessive stress on gum tissue and the bone that supports the teeth, or misalignment of the jaw joints.

No matter what your age, you owe it to yourself to find out if you can straighten out your smile with the more comfortable, less noticeable braces of today. Come in and talk to us about how easy it is to have the perfect, healthy smile you've always wanted!



WHAT'S YOUR IDEAL SMILE?

Each person's idea of a perfect smile can differ greatly depending on a number of factors, including age, culture and social and professional circles.

Is your ideal smile comprised of:

- Your existing smile, just whiter?
- Teeth that are straighter, longer, shorter or more evenly aligned?
- Larger teeth, or teeth that don't have noticeable spaces between them?
- More proportionally balanced gums and teeth?

The best place to start is with a dental consultation, where we will discuss your smile and find out what you'd like to improve. In the simplest cases, you may be happy to brighten your smile slightly with a thorough removal of surface stains, while in other cases, you may be dreaming of an entire smile makeover.

Please call to discuss what's involved in creating the whiter, straighter, more complete smile that you've been dreaming of.

The information contained in this newsletter is not designed as dental advice, but rather as a means to encourage interest in your dental health and communication with your dentist. Whole or partial reproduction of this newsletter is forbidden without the written permission of the publisher. © Market Connections Inc.® 2012. Phone (800) 795-8021. Website: www.dentalhealthnews.org

OCTOBER 2012

Aponia Family Dental

Phone: 780-944-1999

Complimentary Orthodontic Assessment - Are you an Aponia Candidate? Simply call for your appointment today.



Like to make people smile? Join Our Team at Aponia Dental!



Aponia Dental is looking for talented people to join our team and help provide Edmonton with outstanding dental care.

Whether you're a dental hygienist, a dental assistant or someone who has great client care skills and is interested in working with people in a front office position, we'd like to talk to you!

Ready for a career that will challenge, excite and inspire you? Please email your resume and cover letter to officemanager@aponiadental.ca.

We look forward to meeting you soon!

Not to be combined with any other discount offer or insurance plan. Minimum fee only. Fees may vary with complexity of case. ADDITIONAL CHARGES MAY BE INCURRED FOR RELATED SERVICES THAT MAY BE REQUIRED IN INDIVIDUAL CASES.