



Aponia Dental

Fall
2016

Dear North Edmonton Residents,



Many of our current patients are privileged to have dental benefits and very few dental needs. We have been working with our current patients on preventative care to ensure that they keep their teeth for a lifetime.

New patients coming to Aponia Dental are sometimes overwhelmed because they are just starting with their employer and climbing the corporate ladder. With the limited insurance coverage, patients always ask how they should approach dentistry with their limited benefits.

My colleagues and staff would say basic dentistry is the most important - hygiene and fillings only.

Sometimes new patients have the difficult choice of saving a tooth for the cost of filling 8 teeth. In those challenging times, removing the broken tooth and filling cavities might be a reasonable choice. The missing tooth could be replaced at a later date, and fixing the cavities may be more of a priority.

Bottom line, preventative hygiene is considerably lower cost than repairing broken teeth and cavities.

Please book an appointment today and utilize your dental benefits before they renew. Let the hygienists at Aponia help keep your beautiful smile healthy.

Sincerely,

Dr. Brandon Wong Bsc, DDS, MBA

Do your Gums hurt while having your teeth cleaned?

Patient comfort for your dental appointments at Aponia Dental is our utmost priority. Especially when it comes to your hygiene appointments, we offer a variety of ways to make your professional dental cleanings go comfortably and smoothly including two needle-free options.

Types of topical anesthetic that can be used are an oral rinse and a topical gel that can be placed under and around the gums. The oral rinse is simply rinsed for 1-minute and gives numbness to the soft tissues (gums, tongue, etc) for about 45 minutes. The oral rinse is also a great product for patients with a strong gag reflex! Subsequently, the topical gel works great for specific areas in the mouth that may be tender for patients with a shorter duration of 20 minutes.

Our last but not least option would be administering local anesthetic to select areas for patients that have moderate to severe sensitivity with their teeth in addition to their gums.

Don't ever hesitate to ask your dental professional at Aponia Dental for more information regarding any pain control options during your dental appointment. Don't forget, these options are always a complimentary service provided!



Aponia Dental



Got Coverage?

Working hard to make dentistry affordable for our community!

Call our staff for more information.

We accept a wide variety of insurance companies!

Absolutely NO FEE INCREASE for 2016!

Not to be combined with any other discount offer or insurance plan. Minimum fee only. Fees may vary with complexity of case. ADDITIONAL CHARGES MAY BE INCURRED FOR RELATED SERVICES THAT MAY BE REQUIRED IN INDIVIDUAL CASES.

MONEY MATTERS - Are you benefiting from your Benefits??

Cost is one of the determining factors when consenting to dental treatment. Most patients need to know what is or isn't paid by insurance before deciding on treatment or how to proceed.

Learn about your benefits. How much money per year is available, and does it renew on a Calendar year. How many cleanings (scaling units) can you have? Many plans cover more than one hygiene appointment per year. An average one hour hygiene appointment would use 3 – 4 units of scaling.

Due to the privacy act, dealing with Insurance companies has become more difficult from a Dental provider point of view. Ask your Employer, Look on your plan website, Call customer service.



Dental Care is an essential for your health. If you visit the dentist once a year that is better than half of the world. At Aponia Dental we recommend a yearly exam and x-rays and 2 hygiene appointments for adults. Every person has individual needs and we would be happy to discuss yours.

Don't wait until it hurts. Bring your information into the office and we would be happy to help you understand your benefits and allow you to make the most informed decision for your dental needs.

My teeth don't hurt and I brush my teeth every day. Why do I need a dental exam?

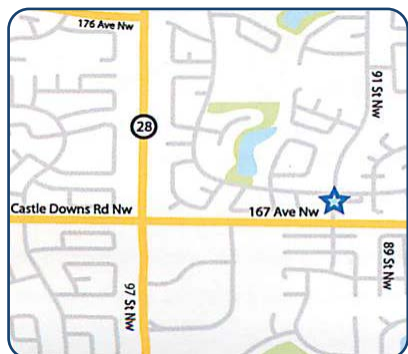
If you wait until your teeth are hurting, to have a dental exam, you have waited too long. Many dental conditions, including tooth decay and periodontal disease, often don't give you pain until they are in an advanced stage. By maintaining a regular dental exam, your dentist can identify early signs of tooth decay, oral cancer, periodontal disease, and changes to overall health. This early detection can save you time, money, and the health of your teeth and gums.

Professional Hygiene is a bonus for healthy teeth and gums!

The dental hygienist is the primary member of the dental team that focuses on disease prevention. Health promotion, wellness, and risk assessment are key components of the curricula of dental hygiene programs. A dental hygienist performs a variety of assessments during the provision of patient care. Information, signs and symptoms from the patient's medical and dental history and the extra- and intra-oral assessments provide data to allow the dental hygienist to determine the patient's risk for disease such as oral cancers, dental caries, and periodontal disease.



The information contained in this newsletter is not designed as dental advice, but rather as means to encourage interest in your dental health and communication with your dentist. Whole or partial reproduction of this newsletter is forbidden without the written permission of the publisher. © GibCin's Graphic Designing 2016. Phone: 1-587-989-9300.



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(Located behind the Mac's and Esso
in the Lakeview complex)



Aponia Dental

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Edmonton, AB T5Z 2X4

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Fax: 780-473-4856
Web: www.aponiadental.ca

Office Hours:

Mon., Tues., Thurs.: 7 a.m. - 5 p.m.
Wed.: 7 a.m. - 3 p.m.
Fri.: 8 a.m. - 2 p.m.
Selected Sat.: 8 a.m. - 3 p.m.

Our Services Include:

- General Dentistry
- Tooth Removals
- White Fillings
- Crowns • Bridges
- Braces • Invisalign
- Implants
- Offering Nitrous Sedation!

Emergency Treatment Available!
New Patients Welcome!