



# Aponia Dental

Greetings from your  
Neighbourhood Dentists!



## Thanking the Team At Aponia Dental

Dear North Edmonton,

Over the past 55 months, my team and I have evolved Aponia Dental to serve our patients and we have been implementing technologies that would make a stressful situation less stressful via our emergency services, appointment confirmation and insurance claims process.

We understand our patients and community. We are serving busy, hard-working families in a vibrant, booming region. As Aponia Dental grows, our team will always remember our commitment to serve our patients in a way that we wish to be served.

As Aponia Dental looks towards the future, we strive to be the clinic that brings healthy smiles to each family. Ultimately, we will be the clinic that profoundly reduces cavities and gum disease in North Edmonton.

I would like to personally thank each of my staff who helped me transform Aponia Dental into an outstanding North Edmonton clinic. Our continued pursuit for excellence and service will make your experience memorable as we move into the future.



*Furthermore, I would like to invite you to our Open House on August 25, 2012, which is also our tooth fairy day! See the back for details.*

*Dr. Brandon Wong & Team*



## A FAMILY GUIDE TO DENTAL EMERGENCIES

Knowing what to do in a dental emergency could make the difference between saving or losing a tooth. Here are some important tips that everyone in your household should be aware of:

**When a tooth is knocked right out**, it is vital that we start treating the injury within 30 minutes in order to have a chance at saving it. You should:

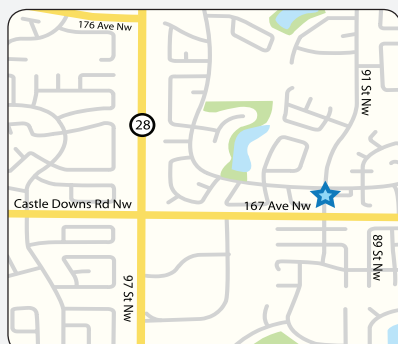
1. Find the tooth, hold it by the crown (the chewing surface) and gently rinse off the root of the crown with milk if it's dirty. Do not scrub it or remove any attached tissue fragments.
2. If possible, carefully place the tooth back in its socket, and hold it in place with your fingers or by gently biting down on it. Alternatively, you can store the tooth in your mouth, between the cheek and the gum. If this is not possible, (for instance in the case of a young child), immerse the tooth in milk and transport it with you to the dentist.
3. Call us immediately for an emergency appointment.

**If a tooth is knocked loose**, the immediate procedure is very similar - guide the tooth back into its proper place with your finger, and call us immediately. Like a knocked-out tooth, a tooth that has been pushed out of place must be seen by a dentist within 30 minutes to have the best chance of recovery.

**Treatment of a fractured tooth** isn't as clean-cut as the above, as it all depends on how badly the tooth is broken. Regardless of the damage, your best bet is to call our office for an evaluation as soon as possible.

Remember - many types of tooth and mouth injuries are avoidable simply by wearing a properly fitted mouthguard. Ask us about the right protective dental equipment for the athletes in your active household.

JULY 2012



16751 91 St. NW, Edmonton, AB T5Z 2X4  
(Located behind the Mac's and Esso in the Lakeview complex)

## APONIA FAMILY DENTAL

16751 91 St. NW  
Edmonton, AB T5Z 2X4

Phone: 780-944-1999  
Fax: 780-473-4856  
Web: [www.aponiodental.ca](http://www.aponiodental.ca)

Office Hours:  
Mon., Thurs.: 7 a.m. - 5 p.m.  
Tues.: 7 a.m. - 4 p.m.  
Wed.: 7 a.m. - 3 p.m.  
Fri.: 8 a.m. - 2 p.m.

**Want to Join our Team? Apply online at [www.AponiaDental.ca](http://www.AponiaDental.ca)!**

### Our Services Include:

- General Dentistry
- Tooth Removals
- White Fillings
- Crowns • Bridges
- Braces • Invisalign®
- Implants
- **Now Offering Nitrous Sedation!**

**New Patients Welcome!  
Emergency Treatment Available!**



# WISE SUMMER SCHEDULING

Summer is a great time to catch up on things you may not have had time for during the year. If you have some free time, or if you have teenagers or young adults who are home for the summer, this may be the ideal time to take care of any overdue dental issues, such as the removal of wisdom teeth.

Wisdom teeth, also called third molars, typically erupt once all other teeth are in place and there is no more room in your mouth to accommodate four more back teeth. If they can't erupt fully, these extra teeth grow under the gums, leaning into the roots of existing teeth. The wisdom teeth then become stuck, or impacted, and cannot erupt into a proper position in the mouth and can also damage the roots of the already-erupted permanent teeth. Having these extra teeth trapped under your gums can result in infection, the formation of cysts, and gum disease.

Despite all this action under the gums, most people do

not realize their wisdom teeth are impacted until their dentist notices the problem on an x-ray. Extraction of those teeth is usually recommended, before they become more difficult to remove and start causing serious dental issues. Ideally, wisdom teeth should be removed when the patient is in their late teens or early twenties, as extractions tend to become more difficult as the patient grows older.

If you still have your wisdom teeth, please ask us about their health and positioning. It's wise to be informed of any possible problems sooner rather than later.



## Aponia Dental

*Come and meet the Tooth Fairy!  
Our perfect introduction to dentistry.*



*Bring your young children by the office to see how the dental office works, make a frame and take a picture with the tooth fairy! Perfect for ages 3-10 years.*

**Open House**  
**Date: August 25, 2012**  
**Time: 10am - 2:30pm**

The information contained in this newsletter is not designed as dental advice, but rather as a means to encourage interest in your dental health and communication with your dentist. Whole or partial reproduction of this newsletter is forbidden without the written permission of the publisher. © Market Connections Inc.® 2012. Phone (800) 795-8021. Website: [www.dentalhealthnews.org](http://www.dentalhealthnews.org)

JULY 2012

**Aponia Family Dental**

**Phone: 780-944-1999**

**Complimentary  
Orthodontic  
Assessment - Are  
you an Aponia  
Candidate?  
Simply call  
for your  
appointment  
today.**



**Like to make people smile?  
Join Our Team at Aponia Dental!**



Aponia Dental is looking for talented people to join our team and help provide Edmonton with outstanding dental care.

Whether you're a dental hygienist, a dental assistant or someone who has great client care skills and is interested in working with people in a front office position, we'd like to talk to you!

Ready for a career that will challenge, excite and inspire you? Please email your resume and cover letter to [officemanager@aponiadental.ca](mailto:officemanager@aponiadental.ca).

**We look forward to meeting you soon!**

Not to be combined with any other discount offer or insurance plan. Minimum fee only. Fees may vary with complexity of case. ADDITIONAL CHARGES MAY BE INCURRED FOR RELATED SERVICES THAT MAY BE REQUIRED IN INDIVIDUAL CASES.